



Preventing alcohol abuse
among pre-adolescents



An Italian Project For a European Chance





Agenda



Prevenzione uso abuso di alcol nei giovani

Progetto Erasmus+ «CUT»

Piano del Progetto

Partners Europei

Meetings

Video realizzati

Guide

Conclusioni





Da →

Una giovane vita persa in un bicchiere



Progetto contro uso e abuso di alcol nei giovani
sviluppato da AIDD presso alcuni Istituti Scolastici

Collaborazione



↔ I.C. Scialoia

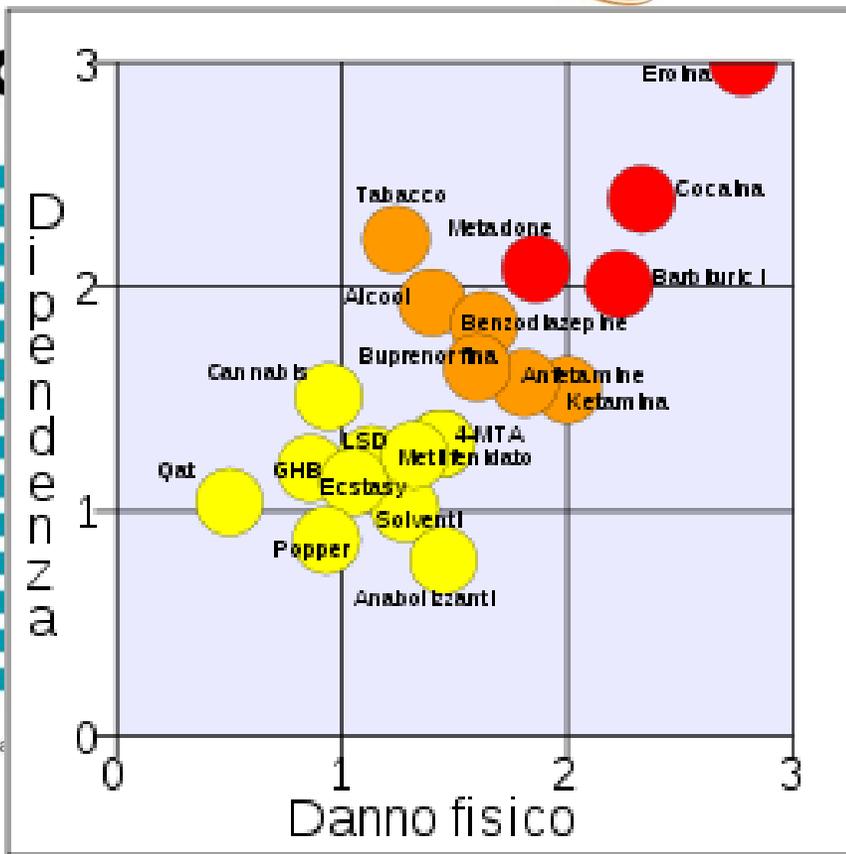


PERICOLO

- Alcol
- Eroina
- Crack
- Metamfetamina
- Cocaina
- Tabacco
- Amfetamina
- Cannabis
- Benzodiazepine
- Ketamina
- Metadone
- Ecstasy
- LSD
- Psilocibina



Adattato da: "Drug harms in the UK: a
VALERIOROSSO.COM



PROGHE



preventing alcohol abuse among pre-adolescents





Cos'è Erasmus+



PROGRAMMA dell'UE a sostegno dell'**ISTRUZIONE**, della **FORMAZIONE**, della **GIOVENTU'** e dello **SPORT**

Il programma Erasmus+ 2021-2027 pone una forte attenzione all'**inclusione sociale**, alle **transizioni verde e digitale** e alla **promozione della partecipazione dei giovani alla vita democratica**.

Sostiene le priorità e le attività stabilite nello spazio europeo dell'istruzione, nel piano d'azione per l'istruzione digitale e nell'agenda europea per le competenze.

Inoltre:

- Sostiene il **pilastro europeo dei diritti sociali**
- Attua la **strategia dell'UE per la gioventù 2019-2027**
- Sviluppa la **dimensione europea dello sport**

Il suo budget stimato è di 26,2 miliardi di euro

Opportunità

Offre opportunità di Mobilità e Cooperazione per:

- **Istruzione superiore**
- **Istruzione e Formazione professionale**
- **Istruzione scolastica (compresa l'educazione e la cura della prima infanzia)**
- **Educazione degli adulti**
- **Gioventù**
- **Sport**



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Progetto Erasmus+ CUT



Esperienza in Progetti Erasmus+



Preventing alcohol abuse among pre-adolescents



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VIDEO SERIES

PRACTICAL GUIDE

POLICY RECOMMENDATIONS

INFORMATION AND CONTACTS



Welcome to CUT! Project

The CUT! project aims at limiting the use and abuse of alcohol among pre-adolescents and adolescents by focusing on prevention and awareness raising.

[Learn More](#)



<https://cut.pixel-online.org>



Contesto

Pre-adolescenti

I preadolescenti (11-14 anni) ed i giovani rappresentano una popolazione particolarmente a rischio di abuso di alcol, in quanto spesso percepito come mezzo di accettazione all'interno del gruppo. Da un punto di vista psicologico, l'uso e l'abuso di alcol tra i preadolescenti è spesso innescato da fattori di fondo legati alla **costruzione dell'identità**, all'**accettazione da parte del gruppo**, al **conformismo con il mainstream**, alla **paura dell'esclusione**, al **bullismo**, ai **riti di passaggio**, alla **sfida all'autorità**, ecc. La preadolescenza è caratterizzata anche da un maggiore **utilizzo di dispositivi elettronici** (es. smartphone, computer, videogiochi), di servizi interni (es. social media, Internet, videogiochi basati su Internet, ecc.) e da una maggiore autonomia nella propria vita. La vita familiare e sociale, tutti fattori che giocano un ruolo nel formare la mente dei giovani.

Adulti

Allo stesso tempo, **gli adulti, compresi i genitori e gli educatori**, che dovrebbero avere la responsabilità di guidare ed educare i giovani, faticano a confrontarsi con il problema dell'abuso di alcol tra i preadolescenti. Da un lato non sono consapevoli del problema perché pensano che sia qualcosa che riguarderà i giovani in una fase successiva. Dall'altro, **non sanno come affrontarlo**: hanno **difficoltà a leggere i segnali di comportamenti potenzialmente rischiosi** e, quando rilevano una situazione di consumo o abuso di alcol, **non sanno come affrontarla**.



Il Progetto



Obiettivi

Il progetto si rivolge direttamente ai ragazzi e alle ragazze pre-adolescenti che frequentano la scuola, in quanto rappresentano il miglior gruppo target per prevenire in una fase iniziale l'abuso di alcol e altri comportamenti a rischio. Allo stesso tempo, anche i genitori, gli educatori e il personale di supporto psicologico vengono presi di mira direttamente in quanto rappresentano i due attori maggiormente coinvolti nella crescita e nell'educazione dei giovani tra gli 11 e i 14 anni.

Obiettivi

Gli obiettivi specifici includono:

- Aumentare la **consapevolezza** sul tema dell'abuso di alcol
- **Prevenire comportamenti rischiosi** che potrebbero portare all'abuso di alcol
- **Sviluppare strategie di risposta** per affrontare il problema dell'abuso di alcol tra i preadolescenti

Gruppi target

Target

I principali gruppi target del progetto sono:

- **Studenti** dagli 11 ai 14 anni
- **Famiglie**
- **Personale di supporto psicologico**
- **Insegnanti**



Il Progetto



Risultati di Progetto

Video

- AIDD ha pensato, scritto, pianificato e realizzato una **serie di video**
- rivolti specificamente agli **studenti**;
 - **Cortometraggio**
 - **Interviste**: all'attrice ed a ragazzi con esperienze di abuso di alcol
 - Video pillole rivolte ai **genitori**

Training

AIDD ha studiato, scritto, organizzato e realizzato un **corso di formazione** che ha coinvolto i partner del progetto nell'attività formativa fornendo ai partecipanti competenze e informazioni riguardanti il tema dell'abuso di alcol tra i pre-adolescenti

Eventi

Serie di **eventi moltiplicatori** per diffondere i risultati raggiunti, la metodologia implementata e i risultati prodotti nel progetto: insegnanti, personale di supporto psicologico e decisori politici

Guide

Guida pratica per supportare gli insegnanti e gli operatori di supporto psicologico che lavorano nelle scuole nell'avviare e implementare attività educative di prevenzione nelle scuole

Una serie di **buone pratiche, lezioni apprese e raccomandazioni** per informare e influenzare le future politiche e strategie sul tema dell'alcol nei giovani a livello locale, regionale, nazionale e europeo.



Programma



CONTESTO

I preadolescenti (11-14 anni) e i giovani sono a rischio particolarmente di cadere nell'abuso di alcol, perché percepito come un mezzo di accettazione all'interno del gruppo. Oggi, la preadolescenza è anche caratterizzata da un maggiore utilizzo di dispositivi elettronici, Internet e da una maggiore autonomia nella vita familiare e sociale delle e dei giovani, tutti fattori che giocano un ruolo nel plasmare la loro mente e i loro comportamenti.

GRUPPI TARGET

Il progetto è rivolto a:

- ✓ Studenti dagli 11 ai 14 anni
- ✓ Famiglie
- ✓ Operatori di supporto psicologico
- ✓ Insegnanti

OBIETTIVI

Gli obiettivi principali del progetto sono:

- ✓ Sensibilizzare sul tema dell'abuso di alcol
- ✓ Prevenire i comportamenti a rischio che potrebbero sfociare nell'abuso di alcol
- ✓ Sviluppare strategie per rispondere al problema dell'abuso di alcol tra i preadolescenti

RISULTATI DI PROGETTO

I principali risultati del progetto includono:

- ✓ Una serie di video: 3 video rivolti specificamente agli studenti; 6 video pillole rivolte ai genitori, per affrontare il tema dell'uso e dell'abuso di alcol
- ✓ Una Guida Pratica per supportare gli insegnanti e gli operatori di supporto psicologico che lavorano nelle scuole nell'avviare e implementare attività educative di prevenzione nelle scuole
- ✓ Una serie di buone pratiche, lezioni apprese e raccomandazioni per informare e influenzare le future politiche e strategie su questo tema a livello locale, regionale, nazionale ed europeo.



Piano del Progetto



Fasi del Progetto



Attività

Le attività del progetto sono state organizzate nelle seguenti fasi:

Fase 1 – Serie di video. In questa fase **AIDD** si è dedicata alla realizzazione di una serie di video, uno rivolto specificatamente agli studenti, l'altro ai genitori, per affrontare il tema del consumo e dell'abuso di alcol.

Fase 2 – Guida pratica. In questa fase è stata implementata, **a cura di AIDD**, una Guida pratica per guidare gli insegnanti e il personale di supporto psicologico che lavora nelle scuole nell'impostazione e nell'attuazione delle attività educative nelle scuole.

Fase 3 – Rapporto sulle lezioni apprese e sulle raccomandazioni politiche. In questa fase **AIDD** ha raccolto e organizzato un insieme di buone pratiche, lezioni apprese e raccomandazioni politiche per informare e influenzare le politiche future sull'argomento a livello locale, regionale, nazionale e dell'UE.

Fase 4 – Attività formativa – AIDD ha realizzato un corso di formazione che ha coinvolto 7 partecipanti provenienti dai paesi partner al fine di:

- promuovere la fruizione dei prodotti intellettuali;
- fornire agli utenti finali competenze e informazioni riguardanti il tema dell'abuso di alcol tra gli studenti.

Fase 5 – Eventi moltiplicatori. Tenuta di una serie di eventi moltiplicatori per diffondere i risultati raggiunti, la metodologia implementata e i risultati prodotti nel progetto CUT!. I partecipanti agli eventi moltiplicatori sono stati insegnanti, personale di supporto psicologico e decisori politici.



Partner europei



Istituto Comprensivo Scialoia
Milano - Italia

Istituto Comprensivo con 3 livelli
di istruzione: infanzia, primaria e
secondaria di primo grado



Scola Gimnaziala Baiculesti
Baiculesti, Romania

Scuola media che si
compone di 3 livelli: infanzia,
primaria e secondaria



Paris, France

Organizzazione no-profit; rete di 525 scuole, dalla scuola
media all'istruzione superiore, direttamente associata al
Segretariato Generale dell'Educazione Cattolica Francese

Partner europei



Aluto nel Disagio ed eDucazione odv ETS

Milano - Italia
Ente Terzo Settore per la prevenzione
delle forme di disagio giovanile e il
sostegno all'educazione pre-
adolescenziale



Szkoła Podstawowa nr 5

im. J. Kusocińskiego w Świdniku

Swidnik, Poland
Project Coordinator

Scuola primaria e secondaria per
gli alunni dai 7 ai 15 anni



Firenze, Italia

Istituzione di Istruzione e formazione.
Promuove un approccio innovativo
all'istruzione, alla formazione e alla
cultura, sfruttando il miglior potenziale
delle ICT



ΕΠΙΜΟΡΦΩΤΙΚΗ
ΚΙΛΚΙΣ

Epimorfitiki Kilkis

Kilkis, Greece

Istituto che organizza e fornisce
moderni programmi di formazione
professionale e apprendimento
permanente (LLP)

inforef

Liège, Belgium

Organizzazione no-profit specializzata in ICT a
scopo didattico e nella stesura e gestione di
progetti europei





Preventing alcohol abuse
among pre-adolescents

Partners

Italia:

- **AIDD - Milano**
- **I.C. Scialoia - Milano**
- **Pixel - Firenze**

Polonia (capofila):

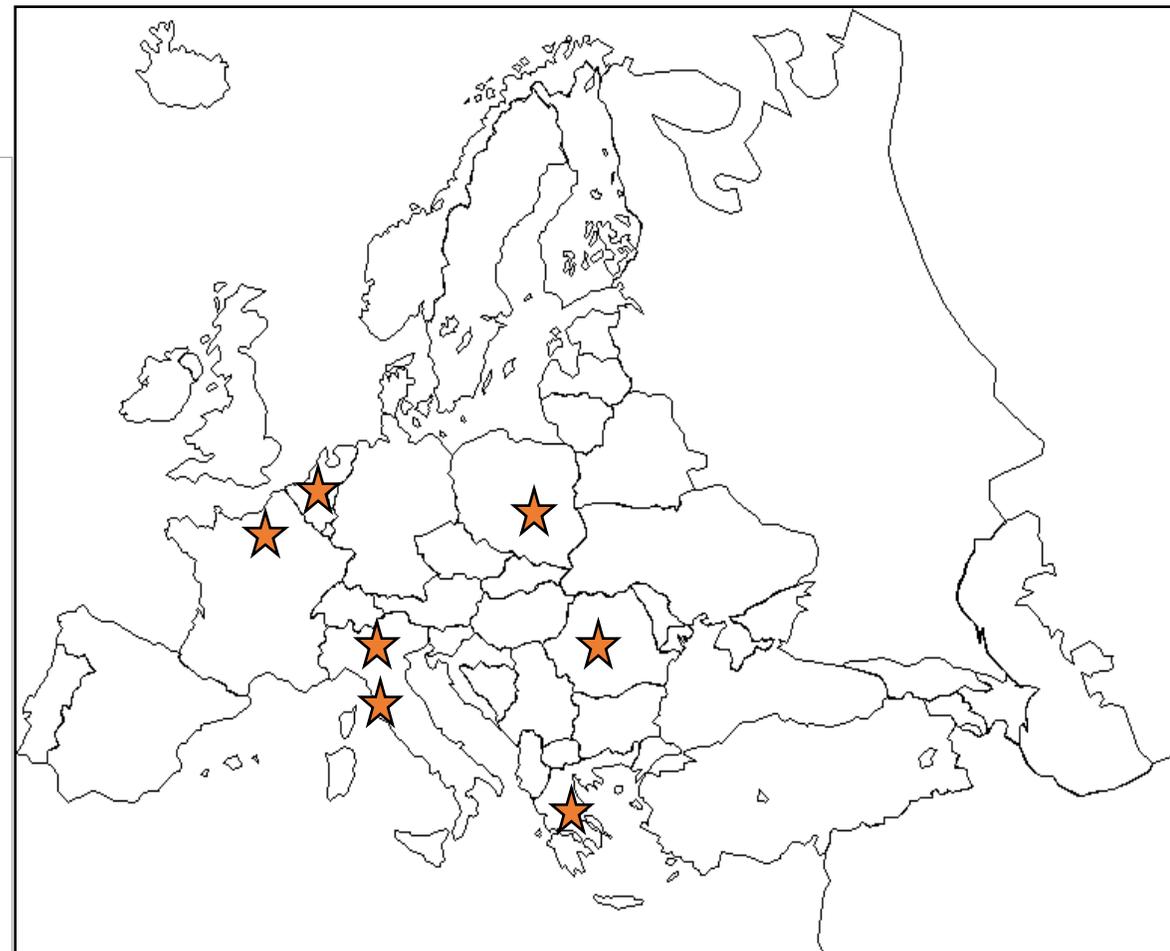
**Szkola Podstawowa nr 5 – im. J.
Kusocinskiego w Swidniku**

Romania: **Scoala Gimnaziala - Baiculesti**

Belgio: **INFOREF - Liegi**

Francia: **RenaSUP - Parigi**

Grecia: **Epimorfotiki - Kilkis**





Budget



	PRs	% PRs of budget	Numero	% of day	Total (assoluto)	% Total (assoluto)			
S.P.Kusocińskiego	9.495,00 €	3%	80	10%	38.886,00 €	11%	IT	148.071,00 €	43%
AIDD	48.240,00 €	14%	180	22%	62.999,00 €	18%	PL	38.886,00 €	11%
I.C. Scialoia	27.650,00 €	8%	80	10%	46.537,00 €	13%	RO	40.730,00 €	12%
SGB	9.495,00 €	3%	80	10%	40.730,00 €	12%	GR	30.960,00 €	9%
INFOREF	32.224,00 €	9%	115	14%	41.285,00 €	12%	FR	47.868,00 €	14%
Pixel	29.560,00 €	8%	70	8%	38.535,00 €	11%	BE	41.285,00 €	12%
Epimorfotiki	18.899,00 €	5%	97	12%	30.960,00 €	9%		347.800,00 €	100%
RenaSUP	35.232,00 €	10%	123	15%	47.868,00 €	14%			
	210.795,00 €		825		347.800,00 €				
	61%								
PMI	63.000,00 €	18%							
Project Results	210.795,00 €	61%							
Transnational LTT	45.105,00 €	13%							
TPMs	12.075,00 €	3%							
MEs	16.825,00 €	5%							
	347.800,00 €	100%						- €	



Team di Progetto



Partner Presentation Form

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Distretti 2041-2042



Distretto 108 Ib4

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Description of the organisation

In the seventies, a group of Rotary Clubs and Lions Clubs from the Lombardy region created AIDD, an organization of volunteers for the prevention of youth distress.

In recent years, AIDD has expanded its activities by addressing new issues of youth distress, including drugs, alcohol, bullying, cyberbullying, smoking, video games, the internet, game therapy, gambling, anorexia, bulimia.

The inspiring principle is to take responsibility for the "primary prevention of youth distress", only partially supported by the institutional authorities, which is expressed in the recognition of risk factors and identification of the actions aimed at preventing, mitigating or eliminating them. In addition, the motto of the association is "to serve" the people, in this case the youth, in need, as inspired by founding members. AIDD's prevention activities take a strong pedagogical and educational angle, thanks to the contribution of its staff composed of psychologists, pedagogists, pharmacologists and legal personnel.

Over the years, AIDD has specialised in the following areas of intervention:

- Information, awareness raising and training courses aimed at reinforcing education and psychophysical health of young people in primary and secondary schools, ensuring the involvement of teachers, pupils and parents and with the use of "pedagogical itineraries" developed by expert psychologists and pedagogists
- Organization of conferences and forums, aimed at implementing the level of awareness of authorities, institutions and operators involved in the youth field. AIDD focuses especially on youth as a tricky developmental age, which requires strong, concrete and timely interventions to avoid degenerating towards the "deviance" of the risk factors identified at embryonic level
- Organization of events, also with fundraising purposes, aimed at institutional activities

Just to give an example, during the 2018/2019 academic year, AIDD has implemented educational pathways targeting 3.725 students, 460 teachers, 1.550 parents, for a total of 1.100 educational hours.

Experience of the organization in previous European projects

None.

Experience and Expertise of the organization in the project's subject area

In the past three years, AIDD has conducted, at regional level, the project titled "La Vita in un Sorso", an educational programme expressly developed to address alcoholism among the youth. Almost 2.000 people, including students, parents and teachers, have benefited of this project so far, reporting high rates of satisfaction and relevance.

AIDD has conducted La Vita in un Sorso in the following schools: Tolstoj, Cardarelli, Pisacane Poerio, Mumari, Cantù, Calassanzio, Rinnovata Pizzigoni, Capponi, Mauri in the municipality of Milan, and in primary and secondary schools in Lombardy region, namely in the towns of Cinisello B.mo, Arese, Erba, Sesto San Giovanni, Melegnano, Concorezzo, Trezzo sull'Adda, Garbagnate, Rho.

The schools where AIDD has worked have provided with testimonials from teachers, parents and pupils who are in favour of replicating the courses, as they have felt involved, thanks to the adopted methodology developed and implemented by their pedagogists, psychologists, pharmacologist and lawyers.

Awareness raising events have also been organised in various departments of the municipality of Milan. These events are open to the public and they engage key stakeholders and policy makers.

Contributions that can be provided to the project

AIDD will play a two-fold role in the CUT! project.

The organisation will be the scientific leader for the development of project's outputs, focusing on the contents and making sure that the materials that will be produced will respond to the actual needs of young girls and boys, their parents and educators. They have a long-standing experience on educational activities for the prevention of alcohol abuse and other risky behaviours among young people. They are staffed with psychologists, pedagogists and doctors who are able to address the subject of the project in a holistic way, taking into account all facets of the problem.

In addition, AIDD will be responsible for the creation of media products, such as the logo and website of the project, the videos included in IO1, the graphic editing of all materials produced by partners.

In a nutshell, AIDD will ensure a proper communication and production of project's intellectual outputs and messages, both from a content and graphic point of view.

Reasons of involvement in the project

AIDD wishes to put its experience at the service of youth beyond its local and regional communities, as the topic of alcohol use and abuse is more and more urgent to be tackled both at national and European level. However, to be effective, it is fundamental to have specific guidance, which AIDD is well placed to provide.

AIDD is willing to contribute to the education of European youth for a healthy and happy life, free of risky and negative behaviours.

Contact Person's Experience and Expertise

Franco Crippa Past President of AIDD and member of the board of AIDD. He has been company executive and management consultant for large multinational companies. He has chaired of the 59 School District in Lombardy Region from 1996 to 2013, carrying out school guidance projects for thousands of students. He founded the no-profit DSS9-Orienta association that carries out services and activities of orientation and reorientation for students and professionals.

Stefano Sgarella works as video producer, editor and director for various Italian universities, public institutions, foundations and no-profit associations, specializing in projects with social and educational backgrounds. Since 2010 he has been actively collaborating with the International Labor Organization for the international campaign against the exploitation of child labor. He is part of the Board of Directors of AIDD.

Anna Muntoni is a psychologist and psychotherapist working with teenagers and adults. Graduated in Clinical and Health Psychology, she has specialized in New Addiction Psychology. She has collaborated with associations and private centers that deal with substances dependence and behavioral addictions (e.g. internet and video games addiction, gambling addictions, emotional addiction), with a focus on adolescence and social withdrawal (Hikikomori). The clinical activity has oriented her training towards an integrated model, which allows to decline the therapeutic approach according to needs and singularity of patients.

Alberto Parola is Professor of Experimental Pedagogy at the Department of Philosophy and Educational Sciences of the University of Turin. He also teaches Methodology of Mediaeducational Research and Technologies of Education and Learning. He has experience in developing multimedia products (television formats and distance learning courses) and was part of the group of experts of the European project Emedus - European Media Literacy Education Study. Currently, he is President of the Interdepartmental Research Center for Cinema, Education and Media of the University of Turin (Cinedumedia).

Veronica Gariboldi is a graphic and web designer and photographer working with artists and no-profit associations. She delivers tailor-made projects taking care of all the stages of the design process, from brainstorming to the realization. She has an experience in the management of international projects addressing social and educational issues.

Type of organisation:

SME School University Public Authority
 Training No Profit NGO

Other (Specify)

Fields of action :

SMEs Youth Universities Public Authorities
 Equal opportunities Schools Unemployed

Other (Specify)



Team di Progetto



ICS SCIALOIA

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Istituto Comprensivo Scialoia Milano

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Description of the organisation

The school is located in the city of Milan. It receives cultural stimuli and has chances to receive proposals from the municipality, universities and Onlus Organizations, parishes and associations present in its area. The Comprehensive school consists of 3 levels of schools (kindergarten, primary school and high school first level) about 945 students in total aged 3 to 14. It is attended by a very diversified population in terms of country of origin and culture. The fact the school covers three levels of education allows us to play an important supportive role to a large territory area, coherently where each action and intervention are connected to specific education and teaching choices, granting seamless paths: alignment activities, inclusion and orienting paths and activities to prevent early school leaving. In the school we have Special Educational Needs, Differently Abled, Specific Learning Disorders cases. The presence of students with diverse cultural roots leads to an opportunity of growth and personal enrichment for everyone. It sustains the spread of tolerance and solidarity values, against bias and with an open approach to integration ideas. Our educative plans provide disciplinary teaching programs and many projects and activities across disciplines. Multi-culture realities, active civic experiences, active and cooperating learning are highly valued. The approximate number of staff is about 130 including teachers and administration, most of them with a permanent work contract.

Experience of the organization in previous European projects

Our school has been involved at local, national and European level in inclusion projects, which shows that our school has a permanent concern for hospitality and inclusion. In 2018 we realized the project "A territorial center for security in the urban context of Cristobal (Colombia)", in collaboration with a school in Bogotá (Colombia) about the issues of hygienic environment safety. In November 2019 we had a job-shadowing experience with a Maths Teacher from Spain. She worked in our school for one week. Our staff has teachers who attended training courses and some of them coordinate activities with expert about alcohol prevention with preadolescent. Some teachers worked in Comenius Projects. In the school we are used to roll out actions and research activities internally. We are used to document the methodology best practices and make them available to all colleagues who are interested.

The school has a valid e-Twinning school project and rolled out many experiences of activity and project exchange with other Italian and European schools.

It has welcome other foreign delegation visiting Italian schools. In September 2019 the school was visited by 35 representative members of Korean Schools from Seoul in order to know and experience Italian school system.

Experience and Expertise of the organization in the project's subject area

The multi-culture reality where our school is set requires us to be teachers always searching carefully for methodologies and strategies functional to an harmonious growth of our students. Our school is based on inclusive approach education like one of the main elements of the path that leads to the educational success. We have worked in many projects in partnership with the non-governmental organization and agencies, such as AIDD, Mission Bambini, Fondazione Monserrate, with the purpose of inclusion through welfare and wellbeing at school in order to realize our main educational mission: "no one left behind". Projects for the integration of students with disabilities and special needs or disadvantaged social condition: Safety education. Helping students to prevent gambling, alcohol or internet addiction. Parents are also involved in these programmes. The school has participated to projects in network with European Schools and to job-shadowing experiences Project "Polo Start" realize activities for pupils coming from foreign countries, most of them from Asian and Arabian areas. It also manage Italian language teaching courses for foreign students and translation service for families.

Contributions that can be provided to the project

Our school has been involved at local, national and European level in inclusion projects to help young learners and preadolescent to improve their wellbeing at school and with families and friends. Which shows that our school has a permanent concern for hospitality and inclusion. The teachers involved in the project had experience in the themes of the project and other similar topics. The main subject areas of these projects are: multicultural education, health, language learning, youthful discomfort and cyber bullying, safety education. They developed some of them with their students and families. They also joined other international projects and will help contact with partners, organize mobility and all activities.

Reasons of involvement in the project

We work to help students to practice active citizenship experiencing solidarity and service learning, voluntary activities, knowledge of social problems, respect and care of themselves, others and environment.

Contact Person's Experience and Expertise

Monica Aloise is Principal at ICS Scialoia since 2017. She worked as a teacher in secondary schools in Rome and Milan from 1999 to 2013. In 2014 she started working as a principal in comprehensive school in Milan. She has constantly been interested in European studies and school systems. She participated in European experiences and projects visiting many schools in different European countries: England, Finland, Poland, Romania, Spain, Greece. She works to improve European and international culture in school and involve teachers in European projects and training courses.

Emilia Pavone works as teacher of Italian Language and Literature at ICS Scialoia since 2008. She has been coordinator in many educational projects with pupils and colleagues. She is also the coordinator of the Secondary School.

Roberto Russo works as teacher of Mathematics and Science at ICS Scialoia since 2018. He has been coordinator in many projects involving students and families. He also works in projects with experts of local associations about themes such as diversity, inclusion and immigration. In 2019 he worked as coordinator of the "Bando Quartieri Project" which was about photography workshop and inclusion activities. He also managed the activities for the school in the video making workshop in a project for documenting social poverty in the outskirts of a big city. He supports the management of projects as coordinator and member of team helping also getting in touch with the partnership.

Loris Rossi is a musician and a teacher of music. He is also a teacher for pupils with special needs. He participates to European projects with Universities and International Schools. He will support the management of project as coordinator and member of the school team helping also getting in touch with partners.



Team di Progetto



Pixel – Firenze



Andrea Anzanello Assistant European Project Manager

Andrea obtained his Bachelor's Degree in International Relations from the Public University of Milan. After this he moved to Denmark where he obtained a Master's Degree in European Studies from Aarhus University.

Andrea has begun his career as assistant project manager working at different international projects previously at the Danish-Italian Chamber of Commerce and then in France where he managed European projects in the framework of youth mobility.

At Pixel, Andrea manages European projects funded by the Erasmus+ KA2 Strategic Partnership programme in the Vocational Education and Training sector. He carries out the project tasks in collaboration with the transnational partnership, he organises and takes part in meetings, carries out research activities and the dissemination of projects.

Moreover, Andrea supports the management of projects where Pixel is the coordinator, monitoring the creation of project websites and keeping in contact with the partnership.

Andrea is also the responsible for Pixel's Instagram account, where he publishes in progress information about the international activities carried out.



Andrea Peraldo European Project Manager

Andrea graduated in Political Sciences from the University of Florence in 1999 and completed a Master in European Studies in 2000.

Andrea started working at Pixel in 2001 as European project manager.

Andrea is in charge of the planning of European Projects funded by the European Commission. Andrea has planned more than 20 successful grant applications in the framework of different funding programmes such as: Socrates Minerva, Socrates Grundtvig, Leonardo da Vinci, Lifelong Learning (Sub Programmes: Comenius, Erasmus, Leonardo da Vinci, Grundtvig and KA1, KA2, KA3, KA4 Transversal Programmes) and Erasmus+.

Andrea is also in charge of the administrative and financial management of the international projects in which Pixel is involved. Andrea coordinates the activities of the internal administrative office for the creation of Pixel's financial reports and maintains contacts with the European project partners to support them in monitoring and reporting their expenditures according to European Commission rules.

Andrea has planned and managed more than 40 projects funded by the European Social Fund in the following areas: in company training, entrepreneurship, tourism, new technologies.

Andrea is also responsible of the organisation and management of the international seminars Pixel delivers on topics such as: European cooperation, new technologies for education, innovative educational methodologies, language learning etc. Andrea maintains the contacts with the participants and with the trainers.

Andrea is also co-trainer in the European Project Planning, European Project Management and European Projects for schools international seminars.



Elisabetta Delle Donne President and Managing Director

Elisabetta graduated in Political Sciences – International Affairs from the University of Florence in 1993. Since then, for the last 25 years, she has constantly been working in the field of international cooperation.

From 1993 to 1998 she worked as European project manager in a consortium of higher education institutions for the promotion of transnational cooperation among European universities. There, she started writing her first European projects application and managing European projects in the field of higher education. From 1997 to 1999 she also worked for a vocational education and training organization coordinating the European Project Management team. In January 1999 she created Pixel and since then she has been its president and managing director.



Elisabetta is an expert in the planning and management of international projects focusing in particular on the areas of education and research. For over twenty years she has been consulting several European universities and public bodies on accessing European funding opportunities and on European project management. Currently advising fifteen different universities throughout Europe.

So far, she has been involved as project planner and manager in more than 130 projects funded by the European Commission. Several European projects that she coordinated were selected as an example of best practice by the European Commission. She has developed and coordinated partnerships with more than 500 bodies in all Europe, including universities, public authorities, training organizations, research centres etc.

Elisabetta is an evaluator of European project proposals submitted in the framework of Erasmus+ KA2 Strategic Partnership Programme, Erasmus+ Youth, COST, Horizon 2020 - Copernicus. Elisabetta is also involved as an external expert in quality management and as an external evaluator in several European projects.

Elisabetta is the coordinator of the organizational and scientific committees of three international conferences in the field of higher education organized by Pixel every year. She is also a member of the scientific committee for the peer-reviewing of papers submitted for international conferences in the field of higher education.

Elisabetta is a lecturer, at higher education level, in the field of European project planning and management. She is also a trainer in international seminars on European Project Planning and Management, organized by Pixel. Elisabetta is also the coordinator of the international Master in European cooperation as well as one of the trainers. The Master has now reached its 7th edition.

The 18th edition of her book, *L'Italiano Praticamente, a Manual for Teachers of Italian as a Foreign Language*, has recently been re-published by Guerra. Some of her recent publications include: (2016), *Opportunities for International Cooperation Among Higher Education Institutions*, Proceedings of the International Conference Humanitarian Educational Environment in Technical Universities, St. Petersburg, Russia: The Ministry of Education and Science of the Russian Federation; (2015), *Transnational Cooperation Opportunities and Funds for Higher Education Institutions*, Proceedings of the International Conference The Future of Education, 5th Edition, Milan, Italy: Libreria Universitaria Edizioni, 551-556. ISBN: 978-88-6292-620-1; (2014), *The Implementation of the European Language Label, A transnational Analysis*. Language Competencies in Support of Mobility and Employability, Rome, Italy: ISFOL, 145-150; (2014), *European Cooperation Opportunities and Funds in the field of Science Education*. Proceedings of the International Conference New Perspectives in Science Education, 3rd Edition, Milan, Italy: Libreria Universitaria Edizioni, 173-177.



Meetings



Partners's Meetings



Kick-off Meeting 31/01-01/02/2022



Liegi Partners's Meeting – Ottobre 2022



Kilkis – Partners's Meeting – Luglio 2022



Firenze – Partners's Meeting – Aprile 2024



Other Meetings



Short Term Exchange - Milano Novembre 2022



Video del Meeting



Presentazione I.C. Scialoia



Presentazione Gimnaziala Baiculesti



Presentazione SP5 Swidnik



Other Meetings



Training – Milano – 20-23 febbraio 2023



Comune di Paderno Dugnano



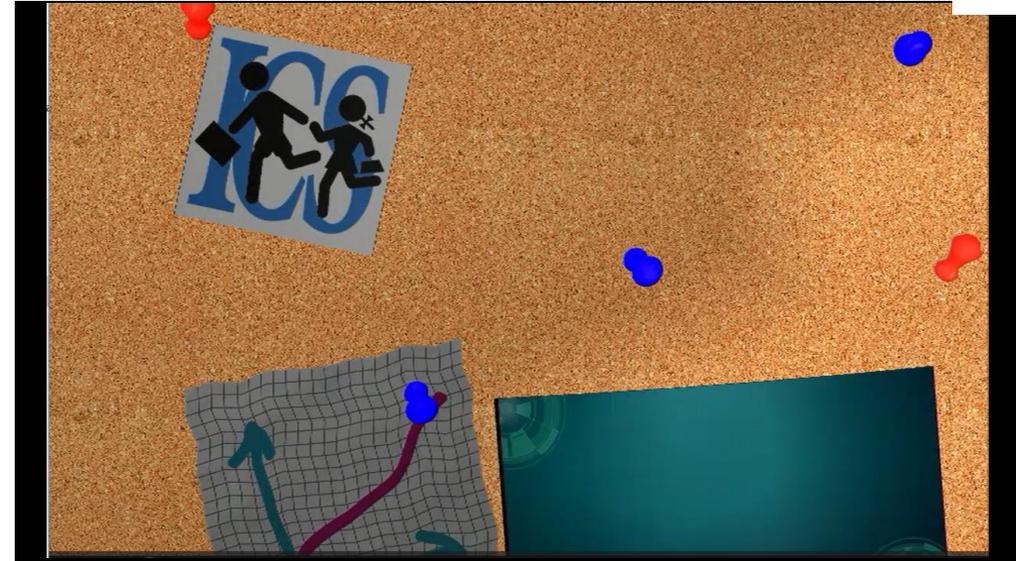
Video del Meeting



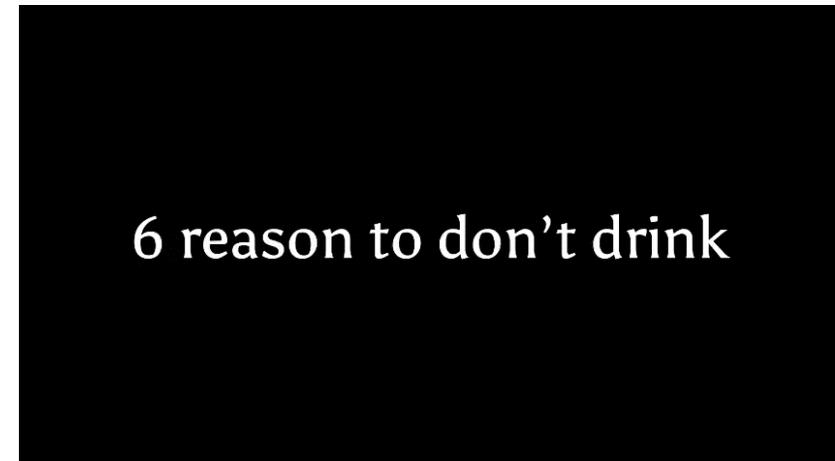
Other Meetings



Short Term Exchange - Swidnik - Marzo 2023



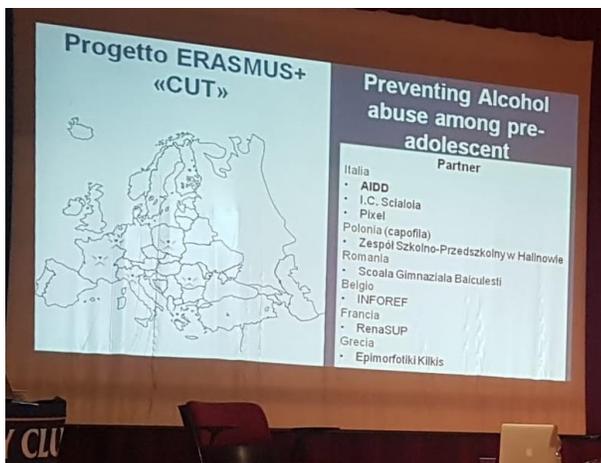
Video I.C. Scialoia a Swidnik



Video realizzati dagli studenti polacchi



Italian Meetings



Rotary Club Buccinasco - Aprile 2022



Partners

Italia:

- AIDD - Milano
- I.C. Scialoia - Milano
- Pixel - Firenze

Polonia (capofila):
Szkoła Podstawowa nr 5 – im. J. Kusocinskiego w Swidniku

Romania: Scoala Gimnaziala - Baiculesti

Belgio: INFOREF - Liegi

Francia: RenaSUP - Parigi

Grecia: Epimorfotiki - Kilkis

Lions Intermeeting - Ottobre 2022

Progetto ERASMUS+ «CUT»

Preventing Alcohol abuse among pre-adolescent



Partner

Italia

- AIDD
- I.C. Scialoia
- Pixel

Polonia (capofila)

- Szkoła Podstawowa nr 5 – im. J. Kusocinskiego w Swidniku

Romania

- Scoala Gimnaziala Baiculesti

Belgio

- INFOREF

Francia

- RenaSUP

Grecia

- Epimorfotiki Kilkis

Rotary Gruppo 3 - Novembre 2022



Partners

Italia:

- AIDD - Milano
- I.C. Scialoia - Milano
- Pixel - Firenze

Polonia (capofila):
Szkoła Podstawowa nr 5 – im. J. Kusocinskiego w Swidniku

Romania: Scoala Gimnaziala - Baiculesti

Belgio: INFOREF - Liegi

Francia: RenaSUP - Parigi

Grecia: Epimorfotiki - Kilkis

Lions Club Borromeo - Gennaio 2023



Italian Meetings



Municipio 9 di Milano - Novembre 2022



Milano - Giugno 2023



Roma – Novembre 2023
Movimento delle Associazioni di
Volontariato Italiano



Villa Mirabello – Novembre 2023



Cascina Merlata – Dicembre 2023



Viale Famagosta – Aprile 2024



Video realizzati



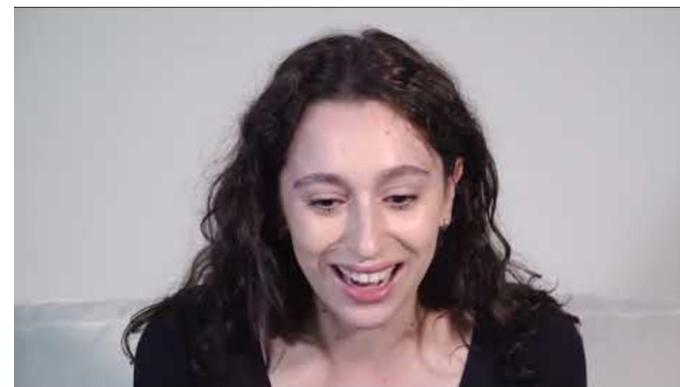


Video



Cortometraggio

[CUT! Cortometraggio HD \(youtube.com\)](https://www.youtube.com/watch?v=CUT!)



Intervista a Luna

[intervista LUNA - YouTube](https://www.youtube.com/watch?v=intervista LUNA)



Intervista Ragazza

[intervista RAGAZZA - YouTube](https://www.youtube.com/watch?v=intervista RAGAZZA)

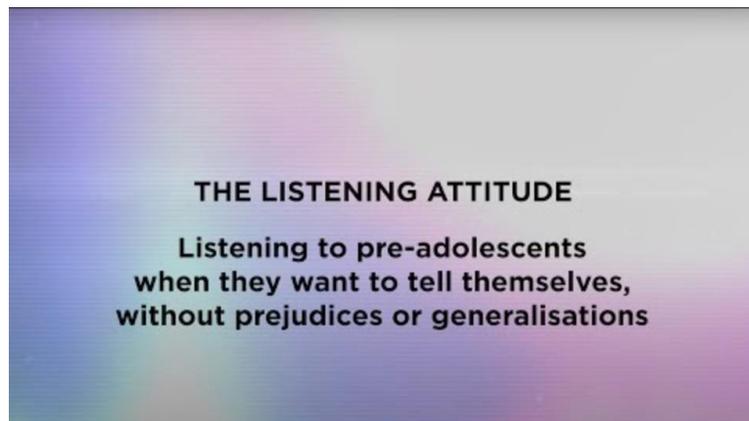


Intervista Ragazzo

[intervista RAGAZZO - YouTube](https://www.youtube.com/watch?v=intervista RAGAZZO)

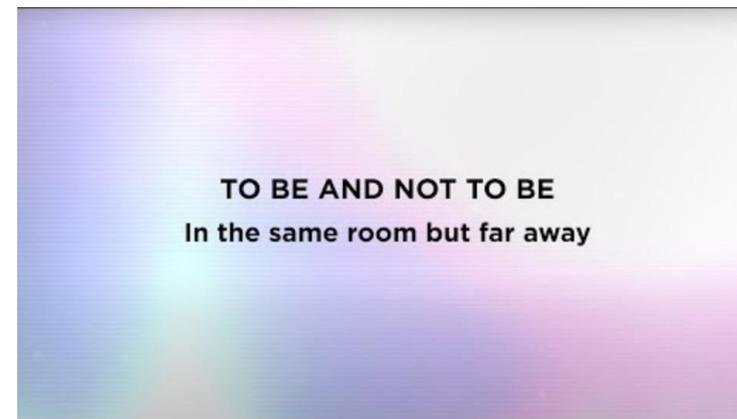


Video



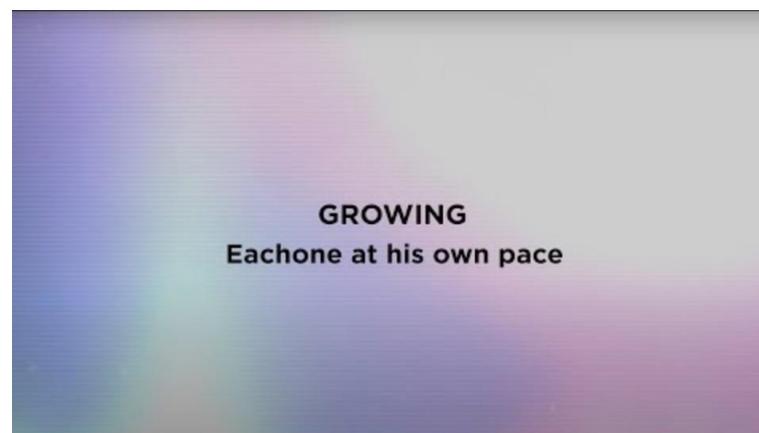
L'atteggiamento di ascolto

[L'atteggiamento di ascolto - YouTube](#)



**Essere e non essere:
nella stessa stanza ma lontano**

[Essere e non essere: nella stessa stanza ma lontano - YouTube](#)



In crescita: ognuno al proprio ritmo

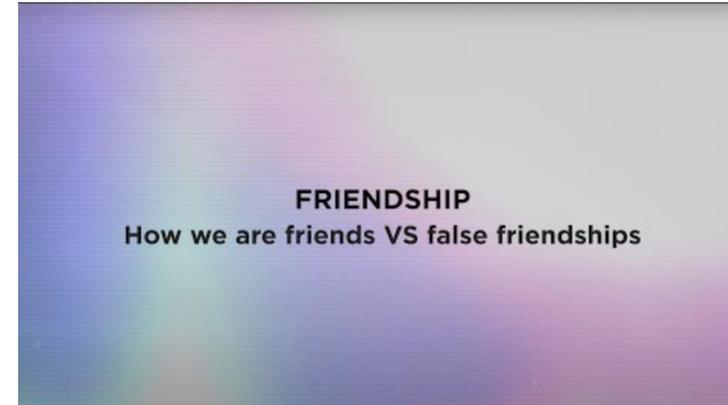
[In crescita: ognuno al proprio ritmo - YouTube](#)



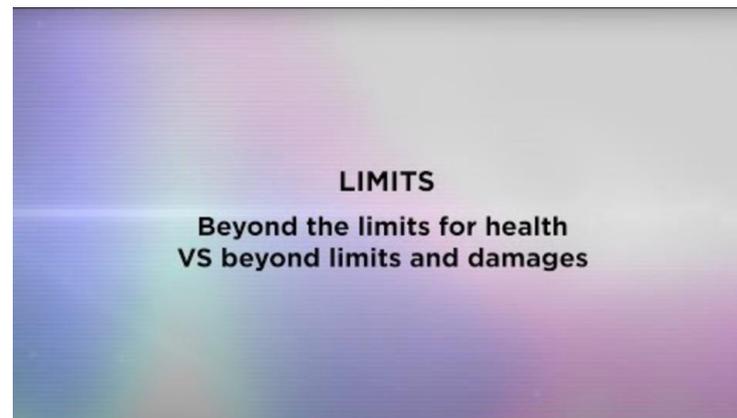
Video



La cultura del bere
[La cultura del bere - YouTube](#)



L'amicizia e il gruppo
[L'amicizia e il gruppo - YouTube](#)



Limiti: oltre i limiti per la salute vs. oltre i limiti e i danni
[Limiti: oltre i limiti per la salute vs. oltre i limiti e i danni \(youtube.com\)](#)



Guide



Guida Pratica



La Guida Pratica **fornisce** agli insegnanti e al personale di supporto psicologico **informazioni sul fenomeno del consumo e abuso di alcol** tra i ragazzi e le ragazze e **consigli pratici** su come impostare **attività educative** adeguate per affrontare il problema

Rapporto sulle lezioni apprese

Il Percorso Formativo ha l'obiettivo di **fornire agli studenti informazioni sulla pericolosità del consumo di alcol**, soprattutto in giovane età, e di confrontarsi liberamente sull'argomento. La Guida presenta la situazione su questioni generali in Europa, **strategie per prevenire l'abuso di alcol tra i preadolescenti**, un **Percorso Educativo per aiutare insegnanti e genitori** ad affrontare il problema dentro e fuori l'ambiente scolastico e una selezione di buone pratiche.



Rapporto che evidenzia le lezioni apprese e le **raccomandazioni politiche** per **sensibilizzare i principali decisori politici e decisionali** su come affrontare adeguatamente il problema del consumo e dell'abuso di alcol tra i preadolescenti

Abbiamo operato **31 interviste coinvolgendo 65 illustri partecipanti**, tra cui **dirigenti scolastici** di scuole primarie e secondarie, **consulenti educativi, psicologi, funzionari delle forze dell'ordine e professionisti legali**, ricevendo preziose informazioni sulle molteplici **dinamiche della politica e della pratica educativa**

L'**obiettivo** è quello di **rafforzare i quadri educativi** contro le sfide contemporanee, **promuovendo** al contempo **ambienti favorevoli allo sviluppo olistico degli studenti** al fine di **promuovere un dialogo che trascenda i confini nazionali**, sostenendo **riforme innovative e inclusive**, garantendo così che i sistemi educativi possano **navigare efficacemente nelle complessità del XXI secolo**



Valori del Progetto Erasmus+ da/per I. C. Scialoia



← Scialoia

← **Accoglienza** e **scambi** amichevoli

← **Reciprocità** e valori educativi e culturali

→ Scialoia

→ **Prima Esperienza** in un Progetto Europeo

→ **Crescita** in ambito Internazionale

→ **Miglioramento** della Conoscenza della **Lingua Inglese**

↔ Scialoia

↔ Miglioramento delle **Competenze di Apprendimento**

↔ Esperienza Vera di **Cittadinanza Europea**

↔ **Inclusione** e **Condivisione** di Cultura e di Emozioni



Valori del Progetto Erasmus+ «CUT» da/per AIDD



Partners ← AIDD

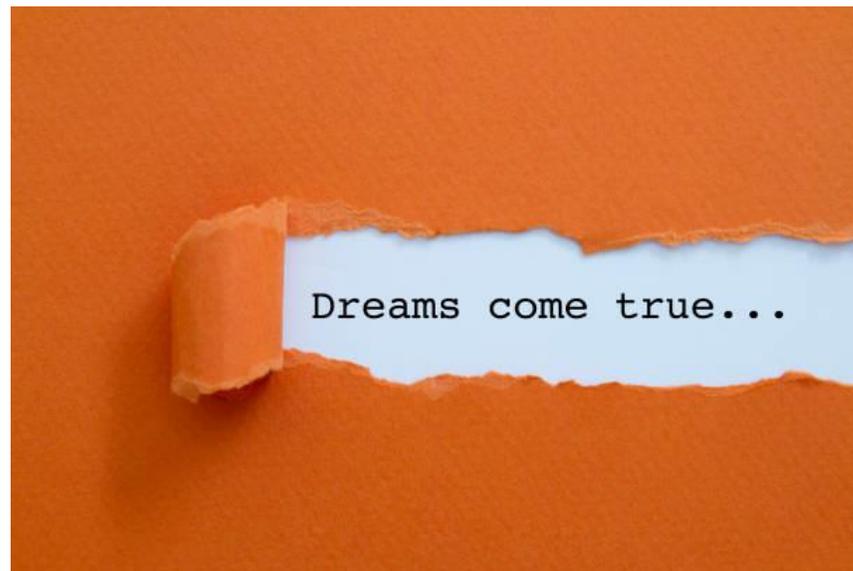
- ← **Know-how** nella prevenzione del consumo e dell'abuso di alcol
- ← **Esperienze** nel supporto psicologico alle dipendenze
- ← **Gestione di Progetti e Programmi** complessi

Partners ←→ AIDD

- ←→ **Produzione** e Condivisione di **Video** sulla dipendenza da alcol
- ←→ **Produzione** e Condivisione di **Guide pratiche e Raccomandazioni politiche**
- ←→ **Partecipazione** ad un **Progetto Europeo**
- ←→ **Scambio** di Conoscenze e Pratiche di Cittadinanza Europea



Domande

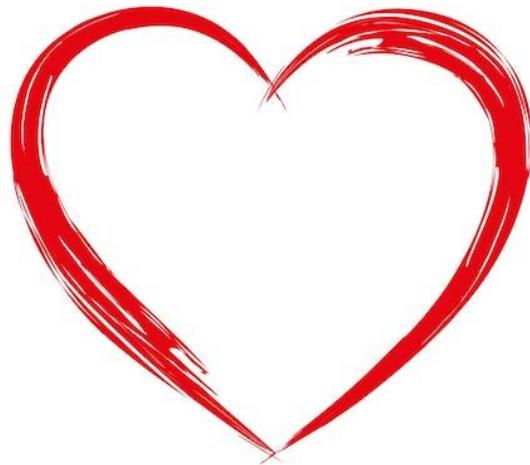


Conclusioni





*Le cose importanti
partono dalla mente
ma si realizzano con il cuore*





CUT!



CUT

Preventing alcohol abuse
among pre-adolescents



Impianto architettonico «a tenaglia»



Partnership «a tenaglia»



Istituto Comprensivo Scialoia
Milano - Italia

Istituto Comprensivo con 3 livelli
di istruzione: infanzia, primaria e
secondaria di primo grado



Aluto nel Disagio ed eDucazione odv ETS
Milano - Italia

Ente Terzo Settore per la prevenzione
delle forme di disagio giovanile e il
sostegno all'educazione pre-
adolescenziale



Firenze, Italia

Istituzione di istruzione e formazione.
Promuove un approccio innovativo
all'istruzione, alla formazione e alla
cultura, sfruttando il miglior potenziale
delle ICT



Scola Gimnaziala Baiculesti
Baiculesti, Romania

Scuola media che si
compone di **3 livelli**: infanzia,
primaria e secondaria



Szkoła Podstawowa nr 5

im. J. Kusocińskiego w Świdniku

Swidnik, Poland
Project Coordinator

Scuola primaria e secondaria per
gli alunni dai 7 ai 15 anni



ΕΠΙΜΟΡΦΩΤΙΚΗ
ΚΙΛΚΙΣ

Epimorfitiki Kilkis
Kilkis, Greece

Istituto che organizza e fornisce
moderni **programmi di formazione**
professionale e apprendimento
permanente (LLP)

inforef
Liège, Belgium

Organizzazione no-profit specializzata in ICT
a scopo didattico e nella stesura e gestione di
progetti europei



Paris, France

Organizzazione no-profit; rete di 525 scuole, dalla scuola
media all'istruzione superiore, direttamente associata al
Segretariato Generale dell'**Educazione Cattolica Francese**